

# Heidi A. Truax

Professional School Counselor, Chicago Public Schools  
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## EDUCATION

Adler University

**2018**

**Doctor of Philosophy**

Counselor Education & Supervision

*Specialization: LGBTQ & Youth Populations, Social Justice Counseling, Pedagogy*

Concordia University

**2013**

**Master of Arts**

School Counseling

*CACREP through Course Completion*

Roosevelt University

**2009**

**Master of Arts**

Women's and Gender Studies

Southern Oregon University

**2005**

**Bachelor of Science**

Major: Psychology

*Minors in: Women's Studies and Sociology*

## RESEARCH

### Dissertation

1. Truax, Heidi A. *Oppression, Liberation, and Somatic Manifestations of Trans Youth in Schools: A Phenomenological Analysis*. Chair: Fred J. Hanna Ph.D. Committee: Tamekia Bell Ph.D. & Judy Skorek Ed.D. Defended August 13<sup>th</sup>, 2018.

## PEER REVIEWED PAPER & POSTER PRESENTATIONS

### National

1. Truax, Heidi A. "ASCA National Model 101" American School Counselor

Association Conference, Los Angeles, CA. July 2018.

2. Truax, Heidi A. "Training for Transition: School Counselors Serving Transgender Students." Association of Lesbian, Gay, Bisexual, and Transgender Issues in Counseling National Conference, San Antonio, TX. September 2016.
3. Truax, Heidi A. "On Track Matters." American School Counselor Association National Conference, Orlando, FL. June 2014. Featured presentation in the "Data & Research that Matter" session.
4. Truax, Heidi A. "'Discussin' it Proud:' A Question of Authority and Language in Pedagogy." Pop Culture Association/American Culture Association National Conference. New Orleans, LA. April 2009.
5. Panel chair, "Gay, Lesbian & Queer Studies VIII: Intersections of Gender, Sexuality, and Ethnicity." Pop Culture Association/American Culture Association National Conference. New Orleans LA. April 2009.
6. Truax, Heidi A. "The Use of Orientation Identifiers on MySpace: Community Building or a Tool for Marginalization." Pop Culture Association/American Culture Association National Conference. San Francisco, CA. March 2008.

### State

7. Truax, Heidi A., Galfer, Erin., Faulkner, Ila., Perez, Michelle. "Making Numbers Work: When School Counselors and Administrators Collaborate to Create a Data Infused School Culture." Illinois School Counselor Association. Rosemont, IL. April, 2018.
8. Truax, Heidi A., Zavala, Hector. "Strengths-based Techniques for Latinx Trans Youth." Illinois Counseling Association. Lisle/Naperville, IL. November, 2017.
9. Truax, Heidi A., Jennings, AJ. "The Power of a Partner: Collaboration to Support LGBTQI+ Students." Illinois State Counseling Association State Conference. Rosemont, IL. April 2017.

### Local

10. Truax, Heidi A. "Responsive Services: Techniques to Use in the Moment." Chicago Public Schools SWAP Conference, Chicago, IL. December 2017.
11. Klaver, Kathleen., Truax, Heidi A. "Collaboration Between Supervisor and Intern." Chicago Public Schools SWAP Conference, Chicago, IL. December 2017.
12. Truax, Heidi A., Jennings, AJ. "Yes, There are LGBTQI+ Kids in Your School: Creating an Accepting Culture & Climate." Chicago Public Schools SWAP

Conference, Chicago, IL. December 2016.

13. Truax, Heidi A. "Tech is Your Friend: Time Tracker, Logger, & Using 'Calendly.'" Chicago Public Schools SWAP Conference, Chicago, IL. December 2016.
14. Truax, Heidi A. "Youth in Care: Best Practices for Serving Students in the Foster Care System." Chicago Public Schools Summer Institute Conference, Chicago, IL. August 2016.
15. Truax, Heidi A. "Google & Counseling Systems to Support You." Chicago Public Schools Summer Institute Conference, Chicago, IL. August 2016.
16. Truax, Heidi A. "Counselor Allies: Supporting our LGBTQIA & Transgender Youth" Chicago Public Schools SWAP Conference, Chicago, IL. Fall 2015.
17. Panelist, "OUT in Non-Profit." DePaul University OUT for Work Conference, Chicago IL. September 2012.
18. Panel chair, "Transcending Transgender." Roosevelt University RU Proud Panel Series. Chicago, IL. December 2009.
19. Truax, Heidi A. "Queer Pedagogy: Creating Community Space for Marginalized Youth through Education." Paper presented at Queertopia 2.0 Northwestern University Graduate Conference. Chicago, IL. May 2009.
20. Truax, Heidi A. "History of Feminist Theories and Academia," Graduate Introduction to Women's and Gender Studies Roosevelt University. Chicago, IL. December 2007.

### TEACHING

#### **Roosevelt University – School Counseling**

Clinical Assistant Professor, Counseling & Human Services, College of Education.

1. *CHS 418 Organization, Administration, & Leadership of School Counseling Programs*, Instructor, Fall 2018
2. *CHS 498 Internship School Counseling*, Instructor, Fall 2018

#### **Roosevelt University – School Counseling**

Adjunct Faculty, Counseling & Human Services, College of Education.

1. *CHS 415 Career Development and Educational Planning*, Instructor, Spring 2018
2. *CHS 417 Career and Life-Style Planning*, Instructor, Spring 2018
3. *CHS 498 Internship School Counseling*, Instructor, Spring 2018
4. *CHS 498 Internship School Counseling*, Instructor, Fall 2017
5. *CHS 427 Practicum School Counseling*, Instructor, Summer 2017

**Adler University – Counselor Education & Supervision**

PhD Student, Counselor Education and Supervision program.

1. *CMHC 531 Foundations of Community Mental Health*, Co-Instructor, Spring 2017 | Blended Instruction: 80% online, 20% direct
2. *COUN 536 Counseling Multicultural Communities*, Co-Instructor, Summer 2017 | Blended Instruction: 80% online, 20% direct

**Northeastern Illinois University – Justice Studies Department**

Adjunct Faculty, Justice Studies Department of NEIU.

1. *JUS 328: Social Justice and GLBTQ Issues*, Instructor, Spring 2012
2. *JUS 328: Social Justice and GLBTQ Issues*, Instructor, Spring 2013

**Roosevelt University – Women’s and Gender Studies**

Adjunct Faculty, Women’s and Gender Studies program.

1. *WGS 305: Queer: Sex, Theory, & Activism*, Instructor, Spring 2011
2. *WGS 305: Queer: Sex, Theory, & Activism*, Instructor, Fall 2010
3. *WGS 210: Introduction to Women’s Studies*, Co-Instructor, Spring 2009

COUNSELING EXPERIENCE**Professional School Counselor, Marine Leadership Academy of Chicago Public Schools, Fall 2018-Present**

- Sole School Counselor for the building
- Individual, Small Group, and Counselor Curriculum Interventions
- Lead of MTSS, BHT, and Community Collaborations

**Professional School Counselor, Marine Leadership Academy of Chicago Public Schools, Winter 2016-Summer 2018**

- Recognized ASCA Model Program (RAMP) Recipient
- Socio-Emotional Domain Specialist
- Individual, Small Group, and Counselor Curriculum Interventions
- Genders and Sexualities Alliance Staff Mentor

**Professional School Counselor, Chicago Academy High School of Chicago Public Schools, Fall 2012-Winter 2016**

- Recognized ASCA Model Program (RAMP) Recipient
- Socio-Emotional Domain Specialist
- Individual, Small Group, and Counselor Curriculum Interventions
- Gay Straight Alliance Staff Mentor

**Advance Clinical Internship, Gateway Foundation River-North, Spring 2016**

- Intensive Outpatient Services
- Group Counseling Facilitator
- Individual Counseling for Clients with Co-Morbidity (substance/trauma)

**Guidance Counselor Assistant, Chicago Academy High School of Chicago Public Schools, Fall 2009-Spring 2012**

- High School Course & College Mapping
- Aventa Online Credit-Recovery Course Supervision
- Rasmussen College Dual Credit Courses Mentoring

**Village Program Staff and Residential Treatment Relief Staff, SCAR/Jasper Mountain, June 2005-March 2006**

- Transitional support counselor for children 4-13 years-old
- Reactive Attachment Disorder and PTSD clientele
- Certified Oregon Mental Health Professional

CLINICAL SUPERVISION

**Counselor Education & Supervision  
Spring 2017**

Adler University

- Provide weekly individual supervision to student group leaders in the Clinical Mental Health Counseling Master of Arts

**Counselor Education & Supervision  
Fall 2016**

Adler University

- Provide weekly individual supervision to students completing clinical internships in the Clinical Mental Health Counseling Master of Arts

PROGRAM DEVELOPMENT

**Trans\*formational Mental Health  
Fall 2017-Spring 2018**

Illinois Safe Schools Alliance

- A Psychoeducation Series for Youth and Their Families

PROFESSIONAL MEMBERSHIPS

American School Counseling Association

American Counselor Association

Association of Counselor Educators & Supervisors

Association for Lesbian, Gay, Bisexual & Transgender Issues in Counseling

Illinois Counseling Association

Illinois School Counselor Association

SERVICE

**Treasurer of the Board  
Fall 2017-Present**

Illinois School Counseling Association

**Recognized ASCA Model Program Application Lead Reviewer  
2016-Present**

American School Counseling Association

**Master Counselor  
Fall 2015-Present**

Chicago Public Schools Office of School Counseling and Postsecondary Advising

**REACH School Counselor Framework Specialist  
Fall 2014- Spring 2015**

Chicago Public Schools Office of School Counseling and Postsecondary Advising

**Recognized ASCA Model Program Application Reviewer  
Fall 2014-Spring 2015**

American School Counseling Association

**Community Advisory Ford Foundation Grant Board Member  
2010-2012**

Illinois Safe Schools Alliance

**Board Member  
2009-2010**

Windy City Performing Arts

**Graduate Assistant  
2007-2009**

Roosevelt University, Women's and Gender Studies Program

**Faculty Search Committee Student Assistant  
Spring 2008**

Roosevelt University, Women's and Gender Studies Program

AWARDS

**Illinois School Counselor of the Year Honorable Mention  
Spring 2017**

*Illinois School Counseling Association*

Ray Piagentini High School Counselor of the Year Award

**Data-Driven Counselor Award  
Spring 2014**

*Chicago Public Schools Office of School Counseling & Postsecondary Advising*

**Freshmen On Track Dramatic Difference Award  
Spring 2014**

*Chicago Public Schools Office of School Counseling & Postsecondary Advising*

**Mansfield Institute Social Justice Award  
Spring 2009**

*Roosevelt University*  
Graduate Student Recipient

**Women's Studies Outstanding Student Award  
Spring 2005**

*Southern Oregon University*

FUNDING

**Social Justice Graduate Scholarship  
Fall 2015**

*Adler University*

**Next Generation Learning Challenge Grant Awardee  
Spring 2014**

*Chicago Academy High School of Chicago Public Schools*  
Grant Writing Team Member  
\$300,000.00 Awarded

**Graduate Scholarship in Women's and Gender Studies  
Spring 2008-2009**

*Roosevelt University*