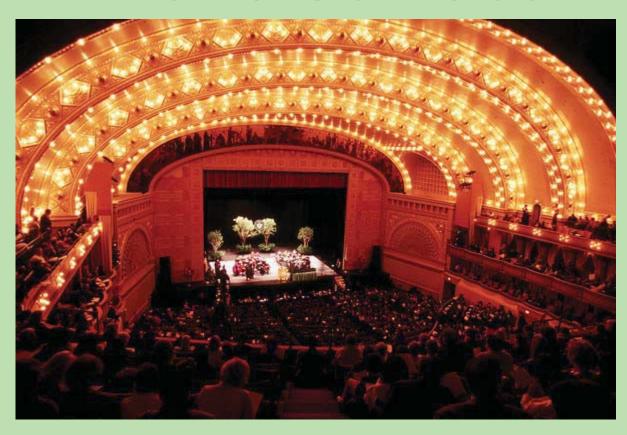
Welcome to Roosevelt University!

Parent Orientation Spring 2013



This Is Our Goal:



How Do We Get There?



Your Student's Classmates & Campus



Your Student's Academic Community

4,478 students in Chicago (71%)1,596 students in Schaumburg (25%)259 students online/other locations (4%)

3,795 undergraduate students (60%)2,548 graduate/doctoral students (40%)

Total enrollment: 6,343

All data as of fall 2012





Chicago Campus Undergraduates

2,868 students

1,812 women (63.2%)

1,056 men (36.8%)

710 African-American (24.8%)

7 American Indian (.2%)

114 Asian (4%)

6 Hawaiian/Pacific Islander (.2%)

528 Hispanic (18.4%)

1240 White (43.2%)

118 Multiracial (4.1%)

17 Other (1.2%)

33 Opted out (1.2%)





Chicago Campus Undergraduates

2,868 students

1,222 from Chicago (42.6%)1,063 from suburbs (37.1%)583 out of area/international (20.3%)

949 live on campus (33.1%)1,919 commute (66.9%)

2,318 full time (80.8%) **550** part time (19.2%)

average age 23.9





Roosevelt's Academic Colleges

- Chicago College of Performing Arts (CCPA)
- College of Arts and Sciences
- College of Business
- College of Education
- College of Pharmacy
- College of Professional Studies





Largest Chicago Undergraduate Majors

- Psychology
- Biology
- Accounting
- Criminal Justice
- Management
- English
- Undecided
- Political Science

- Elementary
 Education
- Musical Theatre
- Music Performance
- Hospitality & Tourism
 Management



Transitions to College Life for You and Your Adult Child

Counseling Center
Auditorium 462 & Schaumburg 114

www.roosevelt.edu/counseling

www.facebook.com/RUCentered

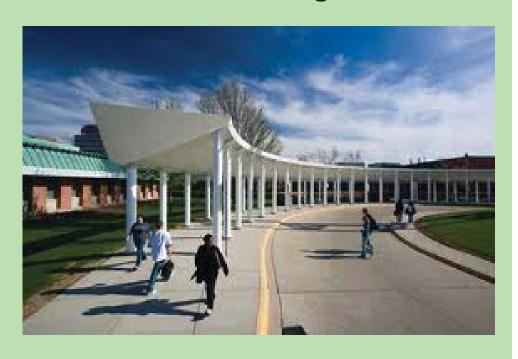


Welcome to Roosevelt University

Chicago



Schaumburg





Topics for Discussion

 Understanding the Transition For You and Your Student

How to Help and Stay Connected

Questions and Comments



Who Is in the Audience?

- Illinois Residents-Chicago or Suburb
- Out of State
- Out of the Country
- First Child Off to College (2nd, 3rd, 4th)
- Last Child Off to College



The Transition

How are you feeling?

- Conflicts
- Separation/loss
- Excitement
- Ambivalence and concern



The Transition

How is your student feeling?

- Physically
- Mentally
- Emotionally



Saying Goodbye



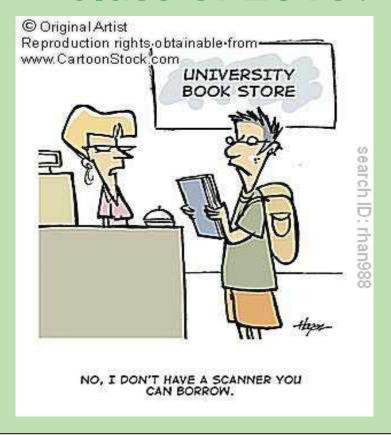








Who Are the Students in the Class of 2016?





Who Are the Students in the Class of 2016?

Millennial Generation

- Technology
- Easy access to goods, services, resources
- Instant communication
- Social networking
- Civic engagement
- Goal directed







Developmental Issues

- People in this age range are looking for:
 - Greater autonomy, i.e. FREEDOM
 - Intellectual stimulation
 - Increased choices
 - New explorations and relationships
- College is the perfect place to meet these needs



Developmental Issues, continued

• BUT:

- Increased choices come with new responsibilities
- New social world
- New academic pressures
- Financial concerns
- Balancing all these new roles



A Time of Growth

- Personal and social growth
- Not a linear progression
- Tremendous and overwhelming
- Rewarding



Situations You May Encounter

- Leaving home ambivalence/fear/anticipation
- Missing home
- Choosing/changing a major
- Academic concerns



Situations You May Encounter

- Adjustment issues
 - Social
 - Academic
- Roommates/residence life/commuting
- Time management
 - Working part or full-time
 - Sports
 - Clubs







Situations You May Encounter

- Identity: Who am I going to be?
 - Appearance, friends, intimate relationships
 - Career/major choice
 - Values/lifestyle/religion/politics/character
 - Etc!



How Do You Adjust?

- New relationship/role with your child
- Many different forms
 - Mentor
 - Adviser
 - Guide
 - Guru
 - Counselor
 - Teacher
 - Tutor
 - Coach



How Do You Adjust? New Roles...





More Situations You May Encounter

- Your adjustment
- Parental concerns safety/being informed/health/drug, drinking and sex
- Family changes siblings left behind, a move, death, divorce
- Breaks in classes
- Finances
- When to worry, when to act



How Can You Manage This Transition?

- Recognize that ambivalence is normal
- Feel the emotions
- Pay attention to staying healthy
- Acknowledge the importance of this milestone
- Find an outlet for yourself
- Seek support from others



How to Help Your Student

- Keep the lines of communication open
 - Be creative and tactful with mode and frequency
 - Stay connected—phone, email, text, postal mail (!), in-person visits
- Respect boundaries
- Encourage independence and responsibility
 - Know that you and your values are in their minds even though they may not say it explicitly
 - Part of this may be allowing them to make some mistakes



How NOT to Help Your Student





How to Help Your Student

Be realistic & flexible

- Increase your tolerance for mistakes
- Avoid judging in most instances
- Measuring success in a variety of ways

Be informed

- Know about current activities and events in your college child's life
- Keep up to date with university life to help provide support and direction



If You Think There May Be A Problem

- Be specific about why you are concerned
- Listen
- Clarify
- Avoid judging, evaluating and criticizing,
 even if your child asks your opinion about it
- Develop options



If You Think There May Be A Problem

- Discuss expectations
- Be realistic about college life
- Pick your battles
- Encourage your child to make use of Roosevelt resources



Counseling Center

- Why do students seek counseling?
- What happens in counseling? What does it look like? Who are the counselors?
- Services
 - Individual, couples, and group appointments
 - Workshops and consultation services



Counseling Center

- Auditorium 462 and Schaumburg 114
- 312-341-3548
- www.roosevelt.edu/counseling
- Open Monday-Friday during business hours
- Consultation: Monday-Thursday from 3:30-4:30 p.m.
- Free and confidential



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Ready, Set, Let Go!





Questions/Comments?



Academic Success



Successful Roosevelt Students

- Attend & actively participate in class
- Sufficiently prepare for class & meet deadlines
- Utilize faculty office hours & have informal discussions with faculty
- Regularly check & read Roosevelt email
- Manage their time effectively
- Purchase & read textbooks
- Ask questions & admit when they need help
- Seek tutoring & writing assistance



Roadblocks to Academic Success

- Fewer graded assignments, projects or exams but they carry more weight
- Unfinished business in other areas financial aid, student accounts, residence halls
- Irregular pace of weekly class schedule
- More independent learning students expected to keep up with classwork & assignments
- Trying to fix problems when it's too late
- Reluctance to admit when they're struggling



People Here to Help

Students should find at least one point person:

- Faculty
- Academic advisors
- Librarians
- Academic Success Center (ASC) staff/tutors
- Writing Center & Math Lab staff/tutors
- First Year Seminar (ACP 101) faculty & peer leaders
- Resident Assistants (RAs)
- Student Services staff



Questions to Prompt Conversations

Getting the silent treatment? You might gain insight by asking:

- What assignment has been the most interesting this semester? Why?
- What has been the biggest challenge so far? Why?
- If you could design your own major, what would it be? Why?
- What kind of class would you like to take in the future? Why?

Sometimes when you ease up, students will open up.



Student Involvement, Engagement & Community

Student Wellness



Why Be Involved & Engaged?



"The research is unequivocal: students who are actively involved in both academic and out-of-class activities gain more from the college experience than those who are not so involved."

How College Affects Students (Pascarella & Terenzini, 1991)



What Is Student Involvement & Engagement?

- Campus activities, athletic events & performing arts events
- Study groups on campus:
 ASC, Fainman Lounge, Prime
- Student organizations
- Leadership development
- Intramural sports
- Community service
- Study abroad
- Job on campus
- Research Assistant
- "Hanging out" on campus





Developing a Sense of Community: The City Is Our Campus

- Embrace and enjoy the city
 - CTA U-Pass
 - Free and discounted events
- Keep safety in mind
 - Keep personal belongings in sight
 - Report unusual behavior & trust instincts
 - Sign up for emergency text messaging
- Support each other
 - Attending peer events, games and programs
 - Interact face-to-face (in person not a webcam)



Student Wellness

Michigan Ave. Immediate Care

- No appointment needed 180 N. Michigan
- www.maicoh.org
- Range of services
- Accept Roosevelt insurance, verify if other plans accepted

Student Health Insurance

- Provided by The Maksin Group
- Required for all students living on campus
- Must waive or enroll by September 10, 2012 at: www.studentinsurance.com/Schools/IL/ROOSEVELT/

Fitness & Recreation

New Fitness Center in Wabash Building



Student Wellness

- Counseling Center
 - Psychologists available for range of student concerns
 - Consultation hours
 - www.roosevelt.edu/counseling
- Student Organizations
 - Active Minds
 - RU DanceSport
 - RU Proud



Parent Communication



Family Educational Rights & Privacy Act (FERPA)

- What is FERPA?
- How does FERPA affect parents?
 - Grades & academic records
 - Financial records
 - Personal student information
 - Student conduct & behavior records
- How can parents and Roosevelt work within FERPA guidelines?
- When will Roosevelt communicate with parents?



How Roosevelt Stays Connected to You

- Parent website at www.roosevelt.edu/parents with links to key offices and sites
- Parent e-newsletter "News @ RU" once a month via email once you enroll
- Parent newsletter "RU Parents" mailed to home addresses each semester once you enroll
- Parents Day Next fall 2013



Final Thoughts & Your Questions



Thank You for Supporting Your New Roosevelt Student

For questions or assistance, please contact:

Tanya Woltmann Senior Associate Vice President for Student Services (312) 341-2004 twoltmann@roosevelt.edu

Sarah Manzeske Torres Director, Community Standards & Student Engagement (312) 341-2004 smanzeske@roosevelt.edu

