

Lunch Week 1

1/8/2014	1/9/2015	1/10/2015	1/11/2015
Soups	Soups	Soups	Soups
Vegan Soup of the Day	Vegan Soup of the Day	Vegan Soup of the Day	Vegan Soup of the Day
Soup of the day	Soup of the day	Soup of the day	Soup of the day
Cold Weather Special	Home Zone	Home Zone	Brunch
Beef Stew in Bread Bowl	Turkey Tetrazinni	Country Fried Steak	Omelets Made to Order
Vegan Stew	Vegan Tofu Tetrazinni	Mashed Potatoes W/ Country Gravy	
Classic Green Goddess or Caesar Salad	Steamed Green Beans	Green Beans	
House Made Specialties	Garlic Bread	Biscuits	
	House Side Salad	Vegan Specialties	
Wabash Grill	Wabash Grill	Wabash Grill	Wabash Grill
Standard Grill Options	Standard Grill Options	Standard Grill Options	Standard Grill Options
New Foghorn Leghorn chicken	New Foghorn Leghorn chicken	New Foghorn Leghorn chicken	New Foghorn Leghorn chicken
New Italian Beef	New Italian Beef	New Italian Beef	New Italian Beef
Half Lb. Cali Burger with Avocado	Half Lb. Cali Burger with Avocado	Half Lb. Cali Burger with Avocado	Half Lb. Cali Burger with Avocado
Bel Pasto Pizzeria	Bel Pasto Pizzeria	Bel Pasto Pizzeria	Brunch Selections
Hand Made Artisanal Pizzas	Hand Made Artisanal Pizzas	Hand Made Artisanal Pizzas	Oatmeal and Cream of Wheat Bar
Fresh Made Calzones	Fresh Made Calzones	Fresh Made Calzones	Toppings to include Raisins,
Spinach and Bacon Pizza	Spinach and Bacon Pizza	Spinach and Bacon Pizza	BlueberBrown Sugar, Craisins,
Pasta Bakes	Pasta Bakes	Pasta Bakes	Strawberries and More!
Elevated Sub	Elevated Sub	Elevated Sub	Elevated Sub
Standard Deli Bar Served Daily	Standard Deli Bar Served Daily	Closed Weekends - Sorry!	Closed Weekends - Sorry!
Choose From:	Choose From:		
Subs, Croissants, Pannini's,	Subs, Croissants, Pannini's,	Don't Forget about our Fresh Made	Don't Forget about our Fresh Made
Pesto Chicken Panini	Pesto Chicken Panini	Grab and Go Sandwiches!	Grab and Go Sandwiches!
Try our Hummus and Roasted Veggies	Try our Hummus and Roasted Veggies		
Gluten Free Available on Request	Gluten Free Available on Request		

Lunch Week 2

1/12/2015	1/13/2015	1/14/2015	1/15/2015	1/16/2015	1/17/2015	1/18/2015
Soups	Soups	Soups	Soups	Soups	Soups	Soups
Vegan Soup of the Day	Vegan Soup of the Day	Vegan Soup of the Day	Vegan Soup of the Day	Vegan Soup of the Day	Vegan Soup of the Day	Vegan Soup of the Day
Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day
Home Zone	Fresh for You	Horizons	Fresh for You!	Horizons	Horizons	Brunch
Chicken Marsala	California Pasta Made To Order	Beef Tagine	Piping Hot Pitas	Asian Marinated Mahi Mahi	Southern Chicken Sliders	Omelets Made to Order
Vegan Tofu Marsala	Featuring Chicken, Shrimp,	Potato Pea Kurma	Chicken or Tofu	Vegan Mac and Cheese with Veggies	Choose from Three Signature Sauces	Breakfast Favorites
Rice Pilaf	Black Beans and Avocado!	Basmati Rice	Make it your Own with	Four Cheese and Mac	Sriracha, Pesto and Garlic Aioli	
Italian Roasted Potatoes	Vegan Pasta is available!	Seasoned Flat Bread	Onions, Tomatoes, Black Beans	Peas and Pearls	Seitan Chorizo Sliders	
Fresh Sautéed Pea Pods	Fresh Steamed Broccoli	Curried Cauliflower	Fresh Sautéed Pea Pods	Pineapple Brown Rice	Red Beans and Rice	
Breadsticks	Garlic Bread		Breadsticks		Roasted Corn	
Wabash Grill	Wabash Grill	Wabash Grill	Wabash Grill	Wabash Grill	Wabash Grill	Wabash Grill
Standard Grill Options	Standard Grill Options	Standard Grill Options	Standard Grill Options	Standard Grill Options	Standard Grill Options	Standard Grill Options
Brat Burger on Pretzel Bread	Brat Burger on Pretzel Bread	Brat Burger on Pretzel Bread	Brat Burger on Pretzel Bread	Brat Burger on Pretzel Bread	Brat Burger on Pretzel Bread	Brat Burger on Pretzel Bread
Blackened Mahi on Brioche	Blackened Mahi on Brioche	Blackened Mahi on Brioche	Blackened Mahi on Brioche	Blackened Mahi on Brioche	Blackened Mahi on Brioche	Blackened Mahi on Brioche
Special: Ribeye Steak Sandwich on Pretzel Roll	Special: Ribeye Steak Sandwich on Pretzel Roll	Special: Ribeye Steak Sandwich on Pretzel Roll	Special: Ribeye Steak Sandwich on Pretzel Roll	Special: Ribeye Steak Sandwich on Pretzel Roll	Special: Ribeye Steak Sandwich on Pretzel Roll	Special: Ribeye Steak Sandwich on Pretzel Roll
Bel Pasto Pizzeria	Nugget Station	Bel Pasto Pizzeria	Bel Pasto Pizzeria	International Hot and Spicy Day	Bel Pasto Pizzeria	Shortcake Bar
Hand Made Artisanal Pizzas	Featuring Chicken Nuggets and Falafal Bites	Hand Made Artisanal Pizzas	Hand Made Artisanal Pizzas	Southeast Asian Inspired Sandwiches	Hand Made Artisanal Pizzas	Classic Shtrawberry Shortcake,
Fresh Made Calzones	Topped as You Please with Tzatziki Sauce,	Fresh Made Calzones	Fresh Made Calzones	Spicy Chicken Basil	Fresh Made Calzones	Blueberry or Cherry Shortcake
Margherita Pizza	Cheese Sauce, Spicy Chili Sauce	Margherita Pizza	Margherita Pizza	Spicy Garlic Shrimp	Sriracha Shrimp Pizza	Top as you Please and enjoy!
Pasta Bakes		Pasta Bakes	Pasta Bakes	Vegan Tofu Satay	Pasta Bakes	
Elevated Sub	Elevated Sub	Elevated Sub	Elevated Sub	Elevated Sub	Elevated Sub	Elevated Sub
Standard Deli Bar Served Daily	Standard Deli Bar Served Daily	Standard Deli Bar Served Daily	Standard Deli Bar Served Daily	Standard Deli Bar Served Daily	Closed Weekends - Sorry!	Closed Weekends - Sorry!
Choose From:	Choose From:	Choose From:	Choose From:	Choose From:		
Subs, Croissants, Pannini's,	Subs, Croissants, Pannini's,	Subs, Croissants, Pannini's,	Subs, Croissants, Pannini's,	Subs, Croissants, Pannini's,	Don't Forget about our Fresh Made	Don't Forget about our Fresh Made
Hot Pastrami Panini	Hot Pastrami Panini	Hot Pastrami Panini	Hot Pastrami Panini	Hot Pastrami Panini	Grab and Go Sandwiches!	Grab and Go Sandwiches!
Try our Hummus and Roasted Veggies	Try our Hummus and Roasted Veggies	Try our Hummus and Roasted Veggies	Try our Hummus and Roasted Veggies	Try our Hummus and Roasted Veggies		
Gluten Free Available on Request	Gluten Free Available on Request	Gluten Free Available on Request	Gluten Free Available on Request	Gluten Free Available on Request		

Dinner Week 1

1/8/2015	1/9/2015	1/10/2015	1/11/2015
Soups	Soups	Soups	Soups
Vegan Soup of the Day	Vegan Soup of the Day	Vegan Soup of the Day	Vegan Soup of the Day
Soup of the day	Soup of the day	Soup of the day	Soup of the day
Horizons	Horizons	Home Zone	Home Zone
Build Your Own Taco Salad	Tortilla Crusted Tilapia	Chicken Parmesan	Chipotle Encrusted Pork Chops
Ground Beef, Seasoned Chicken or Seitan Chorizo	Sriracha and Tortilla Crusted Tofu	Vegan Eggplant Parmesan	Spicy Vegan Hot Pasta Salad
Choose Your Toppings	Fresh Lemon Pepper Broccoli	Fresh Herb Linguine	Macaroni and Cheese
Try a Chipotle Ranch Chicken Taco Bowl	Tomato and Herb Orzo	Italian Green Beans and Tomatoes	Sauteed Fresh Cauliflower
Chili Roasted Corn	Brown Rice	Garlic Baguettes	Basmati Rice with Cilantro
Wabash Grill	Wabash Grill	Wabash Grill	Wabash Grill
Standard Grill Options	Standard Grill Options	Standard Grill Options	Standard Grill Options
New Foghorn Leghorn chicken	New Foghorn Leghorn chicken	New Foghorn Leghorn chicken	New Foghorn Leghorn chicken
New Italian Beef	New Italian Beef	New Italian Beef	New Italian Beef
Half Lb. Cali Burger with Avocado	Half Lb. Cali Burger with Avocado	Half Lb. Cali Burger with Avocado	Half Lb. Cali Burger with Avocado
Bel Pasto Pizzeria	Bel Pasto Pizzeria	Bel Pasto Pizzeria	Just for Fun
Hand Made Artisanal Pizzas	Hand Made Artisanal Pizzas	Hand Made Artisanal Pizzas	Jumbo Onion Ring Bar
Fresh Made Calzones	Fresh Made Calzones	Fresh Made Calzones	Top em as you like em!
Spinach and Bacon Pizza	Spinach and Bacon Pizza	Spinach and Bacon Pizza	Chili Sauce, Gravy, Grated Cheese, and other fun Sloppy Toppings!
Pasta Bakes	Pasta Bakes	Pasta Bakes	
Elevated Sub	Elevated Sub	Elevated Sub	Elevated Sub
Standard Deli Bar Served Daily	Standard Deli Bar Served Daily	Closed Weekends - Sorry!	Closed Weekends - Sorry!
Choose From:	Choose From:		
Subs, Croissants, Pannini's,	Subs, Croissants, Pannini's,	Don't Forget about our Fresh Made	Don't Forget about our Fresh Made
Pesto Chicken Panini	Pe	Grab and Go Sandwiches!	Grab and Go Sandwiches!
Try our Hummus and Roasted Veggies	Try our Hummus and Roasted Veggies		
Gluten Free Available on Request	Gluten Free Available on Request		

Dinner Week 2

1/12/2015	1/13/2015	1/14/2015	1/15/2015	1/16/2015	1/17/2015	1/18/2015
Soups	Soups	Soups	Soups	Soups	Soups	Soups
Vegan Soup of the Day	Vegan Soup of the Day	Vegan Soup of the Day	Vegan Soup of the Day	Vegan Soup of the Day	Vegan Soup of the Day	Vegan Soup of the Day
Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day
Home Zone	Home Zone	Nacho Nachos Station	Fresh for You!	Home Zone	Home Zone	Home Zone
Classic BBQ Chicken Quarters	Salmon Cakes with Hollandaise Sauce	Choose Turkey, Beef or Seitan Chorizo	Traditional Asian Stir Fry	Broccoli and Cheddar Chicken Breast	Turkey Meatloaf	Fried Chicken
Vegan Baby Eggplant Pasta	Spicy Szechuan Tofu	Guacemole, Sour Cream	Made Fresh, Fast and Just for You!	Vegan Baked Spaghetti	Vegan Quinoa and Barley Stew	Mashed Potatoes and Gravy
Roasted Potatoes	Brown Rice	and all your Favorite	Choose Beef, Chicken or Tofu	Italian Green Beans	Brown Rice	Vegan Roasted Vegetables and Tofu
Corn and Peppers	Cheddar Smashed Taters	Toppings to Build	Choose your Veggies	Garlic Baguettes	Au Gratin Potatoes	Basmati Rice
	Peas and Carrots	Your Own Nachos Grandes	Potstickers		Fresh Sauteed Cauliflower	Fresh Sugar Snap Peas
	Peach Melba!		Egg Rolls			
			Fortune Cookies			
Wabash Grill	Wabash Grill	Wabash Grill	Wabash Grill	Wabash Grill	Wabash Grill	Wabash Grill
Standard Grill Options	Standard Grill Options	Standard Grill Options	Standard Grill Options	Standard Grill Options	Standard Grill Options	Standard Grill Options
Brat Burger on Pretzel Bread	Brat Burger on Pretzel Bread	Brat Burger on Pretzel Bread	Brat Burger on Pretzel Bread	Brat Burger on Pretzel Bread	Brat Burger on Pretzel Bread	Brat Burger on Pretzel Bread
Blackened Mahi on Brioche	Blackened Mahi on Brioche	Blackened Mahi on Brioche	Blackened Mahi on Brioche	Blackened Mahi on Brioche	Blackened Mahi on Brioche	Blackened Mahi on Brioche
Special: Ribeye Steak Sandwich on Pretzel Roll	Special: Ribeye Steak Sandwich on Pretzel Roll	Special: Ribeye Steak Sandwich on Pretzel Roll	Special: Ribeye Steak Sandwich on Pretzel Roll	Special: Ribeye Steak Sandwich on Pretzel Roll	Special: Ribeye Steak Sandwich on Pretzel Roll	Special: Ribeye Steak Sandwich on Pretzel Roll
Bel Pasto Pizzeria	Nugget Station	Bel Pasto Pizzeria	Bel Pasto Pizzeria	International Hot and Spicy Day	Bel Pasto Pizzeria	Shortcake Bar
Hand Made Artisanal Pizzas	Featuring Chicken Nuggets and Falafal Bites	Hand Made Artisanal Pizzas	Hand Made Artisanal Pizzas	Southeast Asian Inspired Sandwiches	Hand Made Artisanal Pizzas	Classic Shtrawberry Shortcake,
Fresh Made Calzones	Topped as You Please with Tzatziki Sauce,	Fresh Made Calzones	Fresh Made Calzones	Spicy Chicken Basil	Fresh Made Calzones	Blueberry or Cherry Shortcake
Margherita Pizza	Cheese Sauce, Spicy Chili Sauce	Margherita Pizza	Margherita Pizza	Spicy Garlic Shrimp	Margherita Pizza	Top as you Please
Pasta Bakes		Pasta Bakes	Pasta Bakes	Vegan Tofu Satay	Pasta Bakes	and enjoy!
Elevated Sub	Elevated Sub	Elevated Sub	Elevated Sub	Elevated Sub	Elevated Sub	Elevated Sub
Standard Deli Bar Served Daily	Standard Deli Bar Served Daily	Standard Deli Bar Served Daily	Standard Deli Bar Served Daily	Standard Deli Bar Served Daily	Closed Weekends - Sorry!	Closed Weekends - Sorry!
Choose From:	Choose From:	Choose From:	Choose From:	Choose From:		
Subs, Croissants, Pannini's,	Subs, Croissants, Pannini's,	Subs, Croissants, Pannini's,	Subs, Croissants, Pannini's,	Subs, Croissants, Pannini's,	Don't Forget about our Fresh Made	Don't Forget about our Fresh Made
Hot Pastrami Panini	Hot Pastrami Panini	Hot Pastrami Panini	Hot Pastrami Panini	Hot Pastrami Panini	Grab and Go Sandwiches!	Grab and Go Sandwiches!
Try our Hummus and Roasted Veggies	Try our Hummus and Roasted Veggies	Try our Hummus and Roasted Veggies	Try our Hummus and Roasted Veggies	Try our Hummus and Roasted Veggies		
Gluten Free Available on Request	Gluten Free Available on Request	Gluten Free Available on Request	Gluten Free Available on Request	Gluten Free Available on Request		

Dinner Week 3

1/19/2015	1/20/2015	1/21/2015	1/22/2015	1/23/2015	1/24/2015	1/25/2015
Soups	Soups	Soups	Soups	Soups	Soups	Soups
Vegan Soup of the Day	Vegan Soup of the Day	Vegan Soup of the Day	Vegan Soup of the Day	Vegan Soup of the Day	Vegan Soup of the Day	Vegan Soup of the Day
Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day
Horizons	Home Zone	Home Zone	Fresh For You	Horizons	Horizons	Home Zone
Beef Stroganoff	Chicken Parmesan	Turkey Tetrazzini	It's a Fajita Fiesta	Big Fish	Calzone Empanadas	Grilled Chicken Breast
Egg Noodles	Vegan Eggplant Parmesan	Vegan Tetrazzini	Choose Chicken, Beef or Veggie	Big Chips	Vegan Empanada	Mushroom Gravy
Vegan Mushroom Stroganoff	Fresh Herb Linguine	Dilled Carrots	Top 'em the way You Like	Salt and Vinegar Chips	Spanish Rice	Escalloped Potatoes
	Italian Green Beans and Tomatoes	Breadsticks	Fiesta Rice	Cole Slaw	Butternut Squash	Steamed Broccoli
	Garlic Baguettes	Steamed Green Peas	Tamales	Szechuan Mushrooms and Bok Choy	Peas and Pearls	Vegan Orzo with Olives & Fresh Herbs
			Chili Roasted Corn	Aromatic Basmati Rice		
Wabash Grill	Wabash Grill	Wabash Grill	Wabash Grill	Wabash Grill	Wabash Grill	Wabash Grill
Standard Grill Options	Standard Grill Options	Standard Grill Options	Standard Grill Options	Standard Grill Options	Standard Grill Options	Standard Grill Options
Brat Burger on Pretzel Bread	Brat Burger on Pretzel Bread	Brat Burger on Pretzel Bread	Brat Burger on Pretzel Bread	Brat Burger on Pretzel Bread	Brat Burger on Pretzel Bread	Brat Burger on Pretzel Bread
Blackened Mahi on Brioche	Blackened Mahi on Brioche	Blackened Mahi on Brioche	Blackened Mahi on Brioche	Blackened Mahi on Brioche	Blackened Mahi on Brioche	Blackened Mahi on Brioche
Special: Big Wisco Burger	Special: Big Wisco Burger	Special: Big Wisco Burger	Special: Big Wisco Burger	Special: Big Wisco Burger	Special: Big Wisco Burger	Special: Big Wisco Burger
The Wingery	Bel Pasto Pizzeria	Oui Oui Creperie	Bel Pasto Pizzeria	Bel Pasto Pizzeria	Bel Pasto Pizzeria	French Toast Sil Vous Plait
Wings, Wings and Wings	Hand Made Artisanal Pizzas	Sweet or Savory	Hand Made Artisanal Pizzas	Hand Made Artisanal Pizzas	Individual Pies	Stuffed French Toast with
Tossed with your choice of	Fresh Made Calzones	Made as you Please	Fresh Made Calzones	Fresh Made Calzones	Choose your favorite	Sweetened Cream Cheese
Four Fabulous Sauces!	Chicken Alfredo	Fresh, Fast and Just for You	Chicken Alfredo	Chicken Alfredo	Made Just for You	Fresh Berries
	Pasta Bakes		Pasta Bakes	Pasta Bakes		Pumpkin Pie Filling
						And Monte Christo Style
Elevated Sub	Elevated Sub	Elevated Sub	Elevated Sub	Elevated Sub	Elevated Sub	Elevated Sub
Standard Deli Bar Served Daily	Standard Deli Bar Served Daily	Standard Deli Bar Served Daily	Standard Deli Bar Served Daily	Standard Deli Bar Served Daily	Closed Weekends - Sorry!	Closed Weekends - Sorry!
Choose From:	Choose From:	Choose From:	Choose From:	Choose From:		
Subs, Croissants, Pannini's,	Subs, Croissants, Pannini's,	Subs, Croissants, Pannini's,	Subs, Croissants, Pannini's,	Subs, Croissants, Pannini's,	Don't Forget about our Fresh Made	Don't Forget about our Fresh Made
California Turkey Panini	California Turkey Panini	California Turkey Panini	California Turkey Panini	California Turkey Panini	Grab and Go Sandwiches!	Grab and Go Sandwiches!
Try our Hummus and Roasted Veggies	Try our Hummus and Roasted Veggies	Try our Hummus and Roasted Veggies	Try our Hummus and Roasted Veggies	Try our Hummus and Roasted Veggies		
Gluten Free Available on Request	Gluten Free Available on Request	Gluten Free Available on Request	Gluten Free Available on Request	Gluten Free Available on Request		

